# **ELDERLY WOMEN** SAFEGUARDED

**Tell Others How They Were** Carried Safely Through Change of Life.

Durand, Wis .- "I am the mother of fourteen children and I owe my life to



Vegetable Comound. When I was 5 and had the Change of Life, a friend recommended it and it gave me such relief from my bad feel-ings that I took several bottles. I am now well and healthy and recom-

mend your Compound to other ladies." -Mrs. MARY RIDGWAY, Durand, Wis. A Massachusetts Woman Writes: Blackstone, Mass. — "My troubles were from my age, and I felt awfully sick for three years. I had hot flashes often and frequently suffered from pains. I took Lydia E. Pinkham's Vegetable Compound and now am well." -Mrs. PIERRE COURNOYER, Box 239, Blackstone, Mass.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backsurrocation, not flashes, headaches, back-aches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregu-larities, constipation, variable appetite, weakness and dizziness, should be heeded by middle-aged women. Lydia E. Pinkham's Vegetable Compound has carried many women safely through this crisis.

Salt From Hawali.

One of the minor products of the Hawaiian islands is salt, the output for 1915 having been 2,400 tons, valued at \$8 a ton. Most of the salt produced in the islands is the output of the Honolulu Salt company, whose product is confined to coarse salt and manufactured entirely by natural evaporation, no vacuum pans, kettles or grainers being used.

New York city's net revenue from saloon licenses amounts to more than \$12,000,000 a year.

Cupid never attends the funeral

## Stop That Ache!

Don't worry about a bad back. Get rid of it. Probably your kidneys are out of order. Resume sen-sible habits and help the kidneys. Then, kidney backache will go; also the dizzy spells, lameness, stiffness, tired feelings, nervousness, rheumatic pains and bladder trou-bles. Use Doan's Kidney Pills. Thousands recommend them.

A Tennessee Case



Mrs. Stella Ted-der, Chamberlain St., Rock wood, Tenn., says: "The kidney secretions have been a terrine. It finally got to that the pain as continuous day as continuous day nd night. My back as sore and stiff n d I couldn't have at times.

operation was necessary and he gave me medicine, but I didn't get any help until I used Doan's Kidney Pills. A few boxes entirely rid me of the trou-

DOAN'S RIDNEY FOSTER-MILBURN CO., BUFFALO, N. Y.

Constipation Vanishes Forever

Prompt Relief-Permanent Cure CARTER'S LITTLE LIVER PILLS never fail. Purely vegeta-ble — act surely CARTER'S but gently on the liver.

SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Brent Good

to cure Itch, Resema, Ringworm, Tetter, or any Skin Disease, or purchase price cheerfully refunded. Sold everywhere for 50c, a box, or write, A. B. Richards Medicine Co., Sherman. Texas.

**PAY-TON** 

THE PAY-TON COMPANY P. O. BOX 661 ATLANTA, GA.

TRY THE OLD RELIABLE WINTERSMITH'S CHILL TONIC For MALARIA CHILLES

Agents Attention!

SWEET POTATO PLANTS VANCY HALL and PORTO RICO TAMS now ready, 400 \$240, postpanis; 5,000 for \$7.00, express not paid.

### THE EUROPEAN WAR A YEAR AGO THIS WEEK

April 3, 1915. Germans repulsed French in forest of Le Pretre and west of Mulusen, but were checked near Lassigny and in Upper Alsace.

Russians gained in Carpathians and Austrians in Bukowina Turks repulsed British landing party at head of Red sea.

Smyrna forts bombarded. British government took control of motor manufacturing plants

April 4, 1915. Germant took Drie Grachten

rom Belgians. French captured village Regnieville. Austrians retreated from Beskid

Germans repulsed Russians near Augustowo.

German submarines sank British steamer City of Bremen and other vessels.

Three German steamers sunk by nines in Baltic. Turkish cruiser Medjidieh sunk

by Russian mine. German taube bombed church near Ypres, killing 12 women and an abbe.

April 5, 1915.

French captured trenches in Forest of Allly, but were repulsed in Argonne and Le Pretre forests. Reims continuously bombarded

Russians made steady gains in Carpathians, Bukowina and North Poland.

Turkish squadron sank two Russian ships. America's demand on Germany for reparation for sinking of the Frye made public.

April 6, 1915.

French made flerce attack on S

French occupied Gussainville, bu were repulsed east of Verdun. Russians advanced on Rostok pass, but were repulsed in effort to cross the Dniester.

Austrians bombarded Serb town on the Danube and Save. German submarine caught in net off Dover.

April 7, 1915.

French made gains in Woevre district and other points. Austrians bombarded Belgrade and gained ground along River Pruth and crossed the Dniester.

Russians entered Artvin, Armenia. Norfolk.

Austrian aviators raided Podgoritza, Montenegro.

April 8, 1915. Russians captured Smolnik, east

French ship Chateaubriand sunk by German submarine off isle of

One Austrian aeroplane beat three Russian planes in midair. Germany offered reparation for sinking of the Frye, but justified

Belgians reported west side o Yser canal freed of Germans.

April 9, 1915. French announced complete oc cupation of Les Eparges.

Desperate fighting on heights o the Meuse. Germans retook Drie Grachten from Belgians.

Great Austro-German army fronted Russians in strongly fortified lines on southern slope of Carpathians.

Use of alcoholic drinks forbidden in French army of the Vosges.

### CHUNKS OF INFORMATION

Farming and pig rearing are the staple industries of Serbia, In Russia the people are divided into three "stocks," Great Russians, White Russians and Little Russians. British vital statistics show that there has been more marriages and

progress. Apparatus invented in England for preserving fish in carbonic acid gas under pressure is said to keep them perfectly fresh for at least six months. For retail dealers there has been invented a machine that will take coal from a pile and pour it into bags for

less births since the war has been in

handling at a rate of 25 tons an hour. Two cities in Colombia on opposite sides of the Andes mountains will be connected by a steel ropeway more than 37 miles long which will transport both passengers and freight. The first white woman to be married in what is now the city of To-

peka, Kan., and who still lives there at the age of eighty-eight, is Mrs. Hattie A. Bunker. She was a native of Woburn, Mass., and went into the territory of Kansas 61 years ago. Government experts estimate that of the 26,000,000 horse power, which

it is possible to develop hydroelectrically in the United States, 19,000,000 horse power lies west of the Rockies.

Chinese Appreciation of Jade. The remarkable resonance of jade is a peculiar quality, which gives it great importance in Chinese estimation; to such an extent that "singers' chimes" of 24 different pieces and tones were sometimes constructed. Occasional use is also made of the natu-

ral form of the jade bowlders, which

are found in river beds.



(Conducted by the National Woman's

SCIENTIFIC INSTRUCTION.

In 1897 two leading professors of Germany sent to the men of that country a pronouncement favoring total ab-

stinence. It contained this declara-"Science has shown that alcohol, even in moderate quantities, causes disturbance in brain action, paralyzes the critical capacity, power of will, the ethical and esthetic sense, and lowers

should realize that it is a poison and no longer to be classed with foods." The document received nine signatures. Ten years later it was sent out again and received 800 signatures of German medical men, 116 of whom

were professors.

self-control. For this reason we

In 1913 a great antialcoholic meeting was held in the Prussian house of deputies, Berlin. The honorary president was the German chancellor, Dr. von Bethmann-Hollweg, and on the committee of honor all the Prussian ministers were represented and hundreds of eminent men of the empire. Doctor Jensen, inspector general of the Berlin schools, called forth much applause into the stomach. when he said that "the education of youth is absolutely impossible without an antialcohol element in it." Since then such instruction has been made a part of the regular course in entire courses in that subject are of fered by the great universities.

FOE OF THE COLLEGES. Of all the foes of young manhood on the American college campus, alcohol is the most subtle and destructive. It is peculiarly fitting that the American college student of today, ancient and merciless adversary. If ty feet of bowels do .- Adv. gravestones were placed on our college grounds to those slain in the flush of young manhood by intoxicating drink, the acres of verdant lawn around even our best institutions would become vast cemeteries ghastly with thick-strewn headstones. With a devilish instinct for maximum destructiveness, this demon of the campus seems to pick out for degradation the gayest, the loveliest, the most talented, and to re-enforce his assault by enlisting the social and generous instincts which constitute the very charm of youth. Opening always the gate to passion and appetite, he is the aggressive ally of everything which degrades college life, the promoter of tragedies innumerable on every campus. the tireless enemy of virtue, purity, diligence and intellectual development.-Henry Louis Smith. President Washington and Lee University.

It was at a campaign meeting in Ohio. The speaker said that West Virgania had profited financially by voting dry. A man in the audience disputed this statement. He said that he was a salesman, that he visited every county seat in West Virginia, and that his business had fallen off considerably since the state went dry. Another man spoke up and said that he was a salesman and "made" West Virginia regularly and that his business had increased since the state became dry. He asked the fellow who reported a falling off what his line ted that he sold undertakers' supplies, at which the crowd yelled. The man who declared that prohibition had helped his business explained he sold

SURELY A MISTAKE!

"Smoky" Hobbs of Columbus was fined \$400 and given six months for illegal selling of liquor. What? In Columbus? Surely must be a mistake. Bootleggers only ply their trade in dry towns. That's why the benevolent wets run saloons, to keen bad men from bootlegging in dry towns. Tut, tut! Yes, it must be a mistake.— Caldwell Press.

PROHIBITION AND BUSINESS. Endorsement of the value of a prohibition law as an aid to general business prosperity was recently signed by men representing the leading indus tries of Steubenville, O., among others, two paper companies, a glass company, two foundries, two clay companies, a tin plate company and a pot

HARD TO UNDERSTAND.

tery concern.

Just why anyone should ever sur pose that because the people of any city stop buying booze they will perforce stop buying land, or paying rent or patronizing the meat market, bake shop, grocery or clothing store is hard to understand.

PROHIBITION PROHIBITS.

"When the number of arrests are slashed in two in one year it is pretty conclusive evidence that prohibition prohibits not only liquor selling but crime as well," is the comment of the Youngstown (O.) Telegram on the remarkable decrease in arrests in the state of West Virginia since prohibition became the law of the state.

FACTORY REPLACES BREWERY. Tear down a brewery and upon its ruins will rise z factory.-John Mitchell, Labor Leader.

SAVES \$7,000 A YEAR. A press dispatch from Centralia, Ill., says that since prohibition went into effect under the local option law that town has saved an average of \$632.77 every month. This means a decrease of \$7,000 a year, directly due to the abolition of the saloon.

COOK NOT NEEDED.

Under prohibition the jails in North Yakima have become so depopulated that the Salvation Army can no longer afford to pay a cook to provide three meals a day for the three inmates.

# Hopes Women Will Adopt This Habit As Well As Men

Glass of hot water each morning helps us look and feel clean, sweet, fresh.

Happy, bright, alert-vigorous and vivacious-a good clear skin; a natural, rosy complexion and freedom from illness are assured only by clean, healthy blood. If only every woman and likewise every man could realize the wonders of drinking phosphated hot water each morning, what a gratifying change would take place.

Instead of the thousands of sickly, anaemic-looking men, women and girls with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosycheeked people everywhere.

An inside bath is had by drinking, each morning before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and freshening the entire alimentary canal before putting more food

Those subject to sick headache, billousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are the public schools of Germany, and urged to obtain a quarter pound of limestone phosphate from any druggist or at the store which will cost but a trifle but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does wiser and better informed than his not absorb impurities to contaminate predecessors, should give battle to his the blood, while the pores in the thir

Calls "Hobolsm" a Disease. "Hoboism is not a habit, but a disease," says the Rev. John A. Gray, instructor in sociology in the extension division of the University of Minnesota. The reverend gentleman bases his assertions on a two-weeks' investi gation of Cleveland's homeless problem, during which he lived among hobos, tramps and bums in the city's cheap lodging houses.

### Druggist Gives Highest Praise to Kidney Medicine

For the past fifteen years I have been selling Dr. Kilmer's Swamp-Root and my customers are always satisfied with the results obtained from its use and they speak in the highest terms regarding Swamp-Root. I have used it in my own orable. I believe it is a fine medicine for kidney, liver and bladder diseases and l always recommend it for such troubles.

Very truly yours, CHAS. BRUTON, Druggist, Jan. 5th. 1916.

Dr. Kilmer & Co. Binghamton, N. Y.

Prove What Swamp-Root Will Do For You Send ten cents to Dr. Kilmer & Co. Binghamton, N. Y., for a sample size bot tle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladwas and the latter reluctantly admit. der. When writing, be sure and mention this paper. Regular fifty-cent and onedollar size bottles for sale at all drug stores .- Adv.

> To Be Exact. "Do you mean to tell me that you know all the latest dance steps?" "I wouldn't say 'all.' Of course, l don't know what new steps have been invented since I've been standing here chatting with you."

# RELIEF HAS BEEN PERMANENT

Says Cardui Built Up System When Other Medicines Failed. Believes It Saved Her Life.

Hendersonville, N. C .- Mrs. M. A Redmon, of R. F. D. 1, this place, writes: "I wish to state that before having taken Cardui, my condition of health was all run-down, and had been that way ever since my marriage two years ago last May. I only weighed 107 pounds. My average weight is 135 pounds. I had such awful pains at times I could hardly go ... I had severe pains in my back and abdomen,

and could scarcely do my work... 1

could not lift anything heavy. "In November, 1913, I began taking Cardui. I thought I would give it a trial though my family doctor. had set the date for an examination of me... I saw my improvement after taking the first bottle... I am getting fat and well, and in March this year I weighed 128 pounds... Your Cardui tonic built up my system when all other medicines failed. I feel and look like a different person... I am still... praising it to my friends,... for I can truly say I believe it saved my life. My relief from all pain has been per-

manent." If you are run-down in health and need a tonic, take Cardui, the woman's tonic. It will help you. For sale by all druggists.

Ever stop to think of the amount of time you waste in talking without saying anything?

DON'T GAMBLE

that your heart's all right. Make sure. Take "Renovine"—a heart and aerve tonic. Price 50c and \$1.00 .- Adv. Too many things that are done well are not worth doing at all.

# NEWS OF THE WEEK FROM OVER WORLD

HAPPENINGS IN OUR OWN AND OTHER COUNTRIES BRIEFLY TOLD.

#### SHORT ITEMS FOR BUSY MEN

Week's News Condensation Reviewed Without Cumment-All Nations Find Something to Edify and instruct.

Fire driven by a shifting wind destroyed the plant of the Seth Ward college, at Plainview, Tex., including the personal belongings of 250 men and women.

Prof. Ludwig Becker, a native of Germany, has withdrawn from the chair of astronomy in the University of Glasgow.

The government has appointed the

Prince of Wales chairman of the committee to make provision for the care of the graves of soldiers in France and Belgium The British South Africa company

has announced a grant of 500,000 acres of free land to soldiers from overseas after the war. California now produces about three times as many raisins yearly as Spain,

the home of the raisin industry. A message from Perugia, Italy, says thieves entered the sacristy of St. Peter's basilica and stole nine pic-

tures of great value.

Two earthquake shocks occurred at Panama, one in the morning and the other in the afternoon.

Fifty freight locomotives were ordered by the Pennsylvania lines. The locomotives will be of the mikado type and the order will approximate \$1,000,000.

county, Kan., is said by farmers to be seriously infested by the Hessian fly. The Burnett immigration bill, with its literacy test and Asiatic exclusion

The northeastern section of Barton

provision unchanged, has passed the house by a vote of 308 to 87. The Hairdressers' guild announced that after April 15, next, its members will raise the charge for shaving from 4 cents to 5 cents, and hair-cutting

from 8 cents to 10 cents. Maj. Gen. George W. Goethals, gov. ernor of the Panama canal zone, has sailed for Panama on the steamship Pastores. He said he was confident

Ten thousand Mersey river dock hands at Liverpool went on strike folovertime work.

committee a request for \$1,000,000 for a terminal postoffice at Kansas City, Mo., was presented. The senate passed the Indian appro-

priation bill carrying approximately \$12,000,000. The Louisiana state Republican convention selected 12 uninstructed

delegates to the national convention. A dispatch from Teberan says that Grand Duke Nicholas has released all Persians taken prisoner by the Rus-

One hundred persons were killed when an ammunition factory at Wellsdorf, in Austria, blew up. Three former Manitoba ministers

were indicted by a Winnipeg grand

jury for conspiracy to defraud. According to the provisions of an ordinance, druggists in Peoria, Ill., will be required to pay the regular saloon license fee of \$720 annually in they dispense liquor in quantities of

less than one gallon. A whistling well at St. Clair, Minn. is to be investigated by state geolo-

Gen. Grant's letter book, March 29 to April 9, 1865, including the letter in which he prescribed the terms for Lee's surrender, brought \$750 at a sale of autographs in New York.

The police at work on the case of Miss Zola May Cramer, 24, a trained nurse who was found dead in a Dallas school yard, are endeavoring to prove that she was attacked by a jealous Six masked men held up 30 men in

York and obtained money and jewelry estimated at \$5,500. Final certified statements of the revenues of the Panama-Pacific exposition submitted to the board of di-

rectors gave the grand total of re-

ceipts as \$12,524,523.40.

an alleged gambling house in New

Twenty-five wireless stations in and about San Antonio, Tex., have been dismantled upon instructions from the department of justice.

Where Alexander Was Born.

easily make the excursion of a few the Great- and whistle "The British choose. But they will not find much time to time." there, observes the London Chronicle. The name of Pella still lingers in the district, but the great Macedonian city of Pella, where Alexander was born Rome was burning." on a night of storm and portents in "I suppose it was because he thought cording to the testimony of Mr. D. G. their minds."

The ice moved out of La Crosss (Wis.) harbor and the Mississippi river is open to navigation at this point. The opening came two days mater than in 1915.

Men of the Hungarian landsturm born in 1868 and 1869, who hitherto have been employed in making materials of war, are ordered to join the army on April 5.

William G. McAdoo, American secretary of the treasury, will be officially a guest of Chili during his visit with the other members of the American delegation to the international trade conference.

A total of 1,338 recruits have been added to the army in the last 10 days, ritation. the war department announced.

Investigation in bituminous coal rates from mines in Pennsylvania, Maryland, West Virginia, Kentucky and Ohio to Lake Erie ports for transshipment was ordered for April 24. Five men were killed an 12 others

injured, some seriously, when a boiler exploded at the Manuel Riddle grist mill on Peter creek, near Pikeville, Ky. Fire destroyed one-fourth of the buildings of the Pennsylvania Manu-

suburb, causing a loss of \$200,000. In retaliation for the attack on German camps by a squadron of French aeroplanes, seven German aviators bombarded Saloniki from the air.

facturing Co., at Wyandotte, a Detroit

Loss estimated at more than \$500,000 was caused at Houston, Tex., by fire which started in the cotton sheds of the Missouri, Kansas & Texas railway and spread to a dozen other buildings and 40 freight cars.

A full state ticket will be placed in the field by the Progressive party in Missouri this year.

Announcement was made that the Silk Manufacturers' association will grant the demand of the workers for a nine-hour day, effective April 8.

Ferro-manganese was sold recently to a Pittsburg steel manufacturer on the basis of \$1,000 a ton. Before the war it sold for \$38. A rent-free apartment house for unmarried working women is provided

for in the will of Charles P. Webster,

a dry goods merchant of New York,

who died March 16, leaving an estate exceeding \$1,000,000. H. Ashton Ramsay, 81, chief engineer of the famous Confederate iron-clad Merrimac, and one of the few surviving members of her crew, is

Burgiars obtained stamps, checks and cash totaling about \$300 from the postoffice at Brown Branch, Mo., according to information received by postoffice inspectors. While raising the window of her

dead at Baltimore.

killed. The city council of El Paso, Tex., lowing a dispute concerning pay for passed an ordinance providing that correspondents sending out of the city matter "calculated to injure the gen-Before the house public buildings eral business reputation of El Paso and known to be false" shall be fined

> from \$25 to \$200. Freight rates from the United States to Panama are increasing rapidly. The rate on cement has increased from \$1.20 per barrel to \$1.55, which is more than the value of the cement.

> The proposed advance in charge for the privilege of milling grain in transit filed with the state public utilities commission by the Chicago, Peoria & St. Louis railroad was suspended until July 25 by an order of the commis-

R. J. Andrews was elected mayor of without food in the interim." Sioux City, Ia., by a majority of 1,200 votes. A total of 9,850 ballots were

Dr. David De Ross, 72, who went through the Little Big Horn cam-paign, is dead at Wichita, Kan., from a disease he contracted from two arrow wounds which he received in his right leg during the memorable fight

under Custer. A daughter was born to Mr. and Mrs. Francis Bowes Sayre. She is the second granddaughter of President Wilson.

been added to the French fleet. They were named the France and the Paris. Thomas J. Pence, secretary of the

Democratic national committee, is dead at his home in Washington. President and Mrs. Wilson attended a ball and sale given in Washington

Wednesday night.

large from Illinois.

The literacy test was kept in the immigration bill by the house, by a vote of 225 to 82. Judge Jesse Edgington of the First

Z. N. Estes of Memphis, Tenn., are to be tried on charges of malfeasance. A house committee voted to report resolution to seat William Elza Wil-

liams. Democrat, as representative-at-

criminal court and Attorney-General

Frank R. McAtee, 60, editor and owner of the Chester (Ill.) Herald, a weekly newspaper, killed himself by shooting. McAtee had been in poor health for several years.

Hogarth, who visited its site in 1867. "as though it had never been. The British travelers at Saloniki may plateau above the marsh, on which it miles to the birthplace of Alexander stood, is now plow land, where a few fragments of marble and moldings and Grenadiers" while doing so if they many coins have been turned up from

> Professional Acumen. "I wonder why Nero fiddled when

October, 356 B. C., has vanished, ac the critics would have other things on

#### STOP EATING MEAT IF KIDNEYS OR BACK HURT

Take a Glass of Salts to Clean Kidneys If Bladder Bothers You-Meat Forms Urle Acid.

Eating meat regularly eventually roduces kidney trouble in some form or other, says a well-known authority, because the uric acid in meat excites the kidneys, they become overworked; get sluggish; clog up and cause all sorts of distress, particularly backacheand misery in the kidney region; rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleeplessness, bladder and uninary ir

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it no longer irritates, thus-

ending bladder disorders. Jad Salts cannot injure anyone; makes a delightful effervescent lithiawater drink which millions of men and women take now and then to keep the kidneys and urinary organs clean, thus avoiding serious kidney disease.—Adv.

Amenities of War. The following is vouched for by M. Millerand, former French minister of war. A French scout came suddenly one day upon a German scout. The German was standing by his dying herse. "Why do you not shoot it?" inquired the Frenchman. "I have no pistol," replied the other. The Frenchman drew his and was about to shoot the horse, when he said: "But you would sooner shoot your own horse,' and handed the weapon to the German, who gravely bowed, shot his horse, and returned the pistol, and then gave himself up as prisoner .-

#### CLEAR RED PIMPLY FACES

Red Hands, Red Scalp With Cuticura Soap and Ointment, Trial Free.

London Daily News.

The soap to cleanse and purify, the Ointment to soothe and heal. Nothing better, quicker, safer, surer at any price for skin troubles of young or old that itch, burn, crust, scale, torture or disfigure. Besides, they meet every want in tollet preparations. Free sample each by mail with Book.

Address postcard, Cuticura, Dept. L. Boston. Sold everywhere.-Adv.

Deadens Sound of Firing. A big-gun silencer which the French are using is so effective that no sound of firing can be heard over a greater distance than 100 yards or so. The silencer is attached to the muzzle of room, Mrs. R. E. Darrow, 84, of De- the gun. As the shell leaves the gun that the canal would be opened by catur, Ill., fell through the window to a small shutter springs up and prevents the explosive gases escaping in the usual way when the gun is fired. The result is that the sudden fierce rush of gas passes out through the two channels with nothing like the rush that is caused in the ordinary way. It is impossible to stop the gases escaping altogether, for the pressure is so terrific that the gun would be blown

> to pieces. Her Interim. Former Secretary of War Garrison sald in a Camden war argument: "Ignorance! Military ignorance! Why, it's as bad as the etymological

> Ignorance of the Camden girl. "A young man was praising a Philadelphia restaurant to a Camden girl. "'It's so deuced popular,' he said, that you have to engage your table three days in advance.' Then he laughed and added, But they feed you so well that it's worth while going

though, said the girl, 'to go around for three days with an empty interim." Careless of Her. "Oh, say, who was here to see you

"'It wouldn't be much fun to me

"Well, tell Myrtle that she left her pipe on the piano." WISE HOSTESS

Won Her Guests to Postum.

"Only Myrtle, father."

ast night?

"Three great coffee drinkers were my old school friend and her two daughters. "They were always complaining and taking medicine. I determined to give them Postum instead of coffee when

they visited me, so without saying

anything to them about it, I made a big pot of Postum the first morning. Before the meal was half over, each one passed up her cup to be refilled, remarking how fine the 'coffee' was. The mother asked for a third cup and inquired as to the brand of coffee I used. I didn't answer her question just then, for I heard her say a while before that she didn't like Pos-

tum unless it was more than half coffee. "After breakfast I told her that the 'coffee' she liked so well at breakfast was pure Postum, and the reason she liked it was because it was properly

"I have been brought up from a nervous, wretched invalid, to a fine condition of physical health by leaving off coffee and using Postum.

"I am doing all I can to help the world from coffee slavery to Postum freedom, and have earned the gratitude of many, many friends." Name given by Postum Co., Battle Creek.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled. 15c and 25c pkgs. Instant Postum-a solublo powder-

cost about the same per cup.

dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly, 200 and 50c tins. Both forms are equalit delicious and

"There's a Heason" for Postum -sold by Grocers.